

# Frequently Asked Questions

How often should I use the **AMP MD** System?

For best results, we recommend that the **AMP MD** System be used as directed with the **REDEFINE** Regimen at least three nights a week and advancing to nightly use as tolerated. If using both **AMP MD** System and the **MACRO Exfoliator™**, do not use **AMP MD** System on the day that you macro-exfoliate.

Can I use the **AMP MD** System with the **MACRO Exfoliator**?

Yes, the **AMP MD** System and the **MACRO Exfoliator** can be used in conjunction with each other but should not be used on the same day. This means that if you are using both, use the **AMP MD** System six days a week and the **MACRO Exfoliator** one day per week. Do not use **REDEFINE** Night Renewing Serum on the day that you macro-exfoliate.

Can I use the **AMP MD** Micro-Exfoliating Roller with other products?

The **AMP MD** Micro-Exfoliating Roller is clinically tested for use only with the **REDEFINE** Regimen, **REDEFINE** Night Renewing Serum and **REDEFINE** Lip Renewing Serum. We do not advise that this tool be used with any other products or medications.

How long can I use my **AMP MD** Micro-Exfoliating Roller before it needs to be replaced?

The **AMP MD** Micro-Exfoliating Roller is constructed with the highest quality micro-needle tips for maximum efficacy. When used nightly, the **AMP MD** Micro-Exfoliating Roller is designed to last for up to 12 months. If you use your roller for demonstration purposes, you may find that it maintains its precision for closer to six to nine months.

Can I use the **REDEFINE** Regimen and the **AMP MD** System if I'm pregnant or nursing?

We always recommend that you consult your doctor before using any skincare products or tools when you are pregnant or nursing.

Can you share the **AMP MD** Micro-Exfoliating Roller?

The **AMP MD** Micro-Exfoliating Roller is recommended to be used on one person.

My face is red after using the **REDEFINE** Regimen and **AMP MD** System. Is this normal?

The skin may become red/irritated if your skin is sensitive or if too much pressure is applied when using the **AMP MD** Micro-Exfoliating Roller. We recommend lessening the pressure you apply, and rolling slowly across your skin using long sweeping lines. Do not change direction without lifting the roller off your face. The **AMP MD** System is not recommended for use on very sensitive skin. Sensitive skin, by definition, has a compromised barrier and needs to be strengthened with the OTC-approved skin protectant ingredients dimethicone and allantoin, as found in the **SOOTHE** Regimen.

**RODAN+FIELDS**  
prescription for change™

Disclaimer: The information in this brochure is not intended to be used as a substitute for medical advice. Results may vary depending upon the individual and will depend on multiple factors including your age, gender, skin type and condition, concomitant products used, health history, where you live (climate, humidity), lifestyle and diet. Rodan + Fields makes no guarantee as to the results that you may experience.

© 2013 Rodan & Fields, LLC. All rights reserved. 6000-02-0449-0A