

FAQS REVERSE REGIMEN

Do I need to use all of the steps in the REVERSE Regimen to get results?

Yes, each step of the **REVERSE** Regimen builds upon the previous step to address every aspect of dull, visibly uneven skin tone and areas of dark pigmentation. Used in combination, the formulations provide exfoliation, skin lightening, skin brightening and broad spectrum sun protection. Skipping any step could hinder achieving maximum results.

How long can I stay on the REVERSE Regimen?

There is no limit to how long you can use the **REVERSE** Regimen. However, once you have addressed your concerns about dullness and discoloration, we recommend you transition to our **REDEFINE** Regimen for the Appearance of Lines, Pores and Loss of Firmness.

Does REVERSE Regimen permanently fade dark marks?

After using **REVERSE** and obtaining the desired results, if you are extremely diligent about using broad spectrum sunscreen and limiting exposure to sun, you should be able to maintain your results. However, understand that a single day of unprotected sun exposure can virtually undo months of hard work. Apply a broad spectrum sunscreen every day and reapply it every two hours when exposed to sunlight.

Can the REVERSE Regimen be used on dark skin?

Yes. **REVERSE** is safe for use on all skin tones. Richer skin tones are more prone to unevenness due to pigmentation. The **REVERSE** Regimen is clinically proven to help visibly even skin tone to reveal your most radiant and natural complexion. Please visit the Solution Tool for a customized routine.

Can the REVERSE Regimen be used on sensitive skin?

If your skin is sensitive we recommend you strengthen your barrier with our **SOOTHE** Regimen for Sensitive, Irritated Skin and Facial Redness. This regimen is clinically proven to reduce redness and irritation in as little as five minutes.

Can I use the REVERSE Regimen if I'm pregnant or nursing?

We recommend that a woman who is pregnant or nursing consult with her doctor about her current products and/or the use of cosmetic tools or before making any changes regarding her skincare routine. Providing the appropriate ingredient lists will help inform the doctor. [Click here](#) for the Rodan + Fields ingredient list.

Can I use the AMP MD™ Micro-Exfoliating Roller with the REVERSE Regimen?

Yes. Once you have built up to twice a day usage of the **REVERSE** Regimen, you may begin using the **AMP MD Micro-Exfoliating Roller** in the evening after steps 1 and 2 of the REVERSE Regimen. After rolling, follow with REVERSE Step 3.