# FAQS REDEFINE REGIMEN

#### How does the REDEFINE Regimen work?

Based on Multi-Med<sup>®</sup> Therapy, **REDEFINE** is a comprehensive skincare regimen that layers cosmetic ingredients and proven peptide technology to help defend against and reduce the visible signs of aging for noticeably firmer, smoother, flawless-looking skin.

Please read the **REDEFINE** regimen brochure before using the **REDEFINE** Regimen. It contains usage instructions for best results.

#### When can I expect to see results from the REDEFINE Regimen?

Based on our clinical studies, smoother, softer-looking skin can be experienced after just one use. With continued use, the **REDEFINE** Regimen is clinically proven to help skin appear firmer, make lines and wrinkles less noticeable, and create the appearance of smaller pores for a more luminous and refined appearance.

In an independent clinical study, participants using the **REDEFINE** Regimen reported seeing the following results after eight weeks of twice daily use:

- 100% experienced an improvement in texture
- 91% experienced an improvement in radiance
- 90% experienced an improvement in smoothness
- 80% experienced an improvement in wrinkles
- 80% experienced an improvement in fine lines
- 80% experienced an improvement in pore size
- 80% experienced an improvement in elasticity

#### Do I need to use all of the steps in the REDEFINE Regimen to get results?

For best results we recommend using the complete **REDEFINE** Regimen. Skipping any one step can minimize results.

## How long should I use the REDEFINE Regimen?

Since we are all aging all of the time, Dr. Katie Rodan and Dr. Kathy Fields developed the **REDEFINE** Regimen as skincare for life. Continue to use the **REDEFINE** Regimen to help prevent the appearance of lines and wrinkles.

### Can I use the REDEFINE Regimen if I'm pregnant or nursing?

We recommend that a woman who is pregnant or nursing consult with her doctor about her current products and/or the use of cosmetic tools or before making any changes regarding her skincare routine. Providing the appropriate ingredient lists will help inform the doctor.